



Biohealth Medical Laboratory

GiGi Plaza, Market & Nevis Streets
P.O. Box 1307, St. John's, Antigua W.I.
Tel: (268)562-3738 • Fax: (268)462-2657
www.biohealthlab.net • info@biohealthlab.net

24-HOUR CREATININE CLEARENCE

Patient Name: _____ Patient # : _____
Patient Weight (In Pounds): _____ Patient Height (In Feet & Inches): _____
Patient Body Surface Area (lab calculation): _____

- (1). The patient must be hydrated by consuming approximately 600 mL (21 ounces) of water. Withhold tea, coffee, and medication / drugs (please consult your doctor first).
- (2). Upon awakening, completely void and discard the first specimen of urine. **DO NOT** collect this sample in the container. This will represent the initial emptying of the bladder at which time the **start** of the collection will be recorded.
Record "Start" Time: _____ Date: _____
- (3). Collect **ALL** urine samples (within a timed 24-hour period) into the urine specimen container provided. Absolutely no urine is discarded at this point. Preserve urine by placing the container in a refrigerator
- (4). Regular meals and fluid intake can be consumed during the 24-hour collection period. However, only water should be consumed during the last eight (8) hours of the test.
- (5). Vigorous exercise should be avoided during the test.
- (6). Approaching the end of the 24-hour, collect the last urine specimen into the container. This will represent the final emptying of the bladder at which time the **end** of the collection will be recorded.
Record "End" Time: _____ Date: _____

Note: if the "End" time is after awakening the following morning, then collect that first morning sample into the container and record the time.

For lab use only: Total volume of urine collected (mL) _____.